

ACTS KENYA VOLUNTEER SUMMER PROJECT 2012



\$1995
6 weeks

Location

Limuru, Kenya

Length

6 weeks

Start Dates

1 May - 8 June

15 July - 24 August

(16 volunteers per group)

Ministry Focus:

orphanages

children's centres

community projects

teaching ministry

Price

\$ 1995 per person

OVERVIEW

Itinerary

week 1: orientation & team building

week 2 - week 6: ministry time and organised excursions

Includes

- accommodation · meals · transport · ministry support
- weekend excursions · safari tour

Excludes

- flights

DESCRIPTION

Imagine spending a summer serving the people of Africa, sharing the love of Christ, bringing hope to the destitute, and transforming your life forever. Imagine a summer that propels you into a deeper walk with God, gives you greater confidence in making Him known and begins friendships that will last a lifetime.

On the **Kenya Volunteer Summer Project** you will get involved within our projects in the Limuru area. Our projects are passionate about serving the community through working together, sharing God's love and being intentional about developing people and their communities.



Sharing Christ's love in Africa...



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MINISTRY



The exact ministry schedule will be determined by the ACTS team and the various community partners and will be adjusted closer to the time, so as to best meet the exact needs of the communities volunteers will be working in. As a volunteer you will be involved in a number of ministries that are linked to local initiatives in the surrounding community.

Orphanages/Children 's Centre 's in Limuru:

There are over a million orphans in Kenya mainly due to AIDS, of which only 5 % get any kind of support. These children, ranging from 0 – 16 years old, come from backgrounds that have been affected by HIV/AIDS, abuse, poverty or illness. Some have been taken in when they were found living on the streets, whilst others are developmentally delayed and need extra care to promote their growth. These children are all in need of love and attention.

Limuru Children 's Centre (LCC) serves orphaned and vulnerable children in the Limuru area. As a boarding home as well as daily feeding programme, the L.C.C. provides love, support, and basic needs for more than 150 children. Volunteers at the L.C.C. assist with daily preparation of meals, play football/soccer and other games with the children, and tackle practical projects such as painting, building, and chopping wood.

Angels Home for Abandoned Babies was founded by a local Kenyan woman with a passion for abandoned children. Angels is a home for ten babies and counting! Alongside a team of “Mamas, ” volunteers can help with daily needs such as nappy changing, feeding, and bathing, as well as simple interaction with babies, including holding them, reading to them, facilitating developmental growth, etc.

The Power Women 's Group:

The Power Women 's Group is a support group of HIV-positive women. They have come together to support each other in trying circumstances, learning as a group how to deal with their sickness and how to provide for themselves and their families. They started a business selling their handmade crafts and have a small shop on the outskirts of the Kibera slums. Their business supports the women, with savings set aside for emergency medical needs, school fees, and the maintenance of the business.





Declare His glory among the nations, His marvellous deed among all peoples.

1 Chronicles 16:24



Volunteers visit the Power Women's Group once a week to do Bible study with the women. Volunteers began a chronological Bible study with the women and are continuing to progress with this. The weekly meetings are wonderful times of singing, prayer, and encouragement.

Teaching Ministry:

Volunteers help out mainly in pre-schools, working alongside and assisting the local teachers. The Kenyan teaching method is generally very repetitive and monotone (rote learning technique), and children aren't encouraged to think for themselves. Volunteers are a great help in showing teachers new creative teaching methods that will give them more variety. Through this we aim to enrich the teaching programme and not to change it.

LCC-K (a branch of LCC) :

LCC-K serves pre-school children between the ages of 4–7 years in the Kamirithu area. LCC-K was founded as a sub branch and outreach of L.C.C., having a feeding programme and offering pre-school education to prepare children for their next level of schooling. LCC-K has around 60 students in 3 classes, and teachers appreciate assistance in the classroom. Volunteers can assist teachers with regular lessons or by adding lessons in music, art, etc. LCC-K also provides a mid-day meal for many previous pre-scholars that have graduated to the primary level of education, and volunteers are welcome to help in the preparation of these meals. Furthermore, volunteers can assist with practical improvements such as painting, fence building and other general repairs, etc.

DETAILED ITINERARY



Project Arrival:

Group 1: You must make sure that your flights arrives at **Jomo Kenyatta International Airport** on either the **30th April** or **1st of May**, preferably any time before **10pm**.

Group 2: You must make sure that your flights arrives at **Jomo Kenyatta International Airport** on either the **14th** or **15th of July**, preferably any time before **10pm**.

After your arrival at the end of your flight, you will be met by an ACTS representative who will be holding an ACTS sign as you exit the arrival hall. From there you will be transported 1 – 1.5 hours to your project accommodation in Limuru.

Week 1:

The first part of your week will be spent on given you a practical orientation and briefing on what the next few weeks will entail. A visit to the projects you will be working with will be done and most of the time will be spent building relationships and getting to know more about the project partners and their vision.

On Friday morning we will meet for a reflection and debriefing and confirm the placement for the next few weeks. Your Friday afternoon will then be sent at Village Market, which is a local shopping centre which hosts a cultural Maasai market every Friday.

Volunteers will also confirm which of the 4 excursions they would like to do on the Saturday.

Sundays

After a busy week, you deserve a day to do what you like. You will have the opportunity to visit one of the local community African churches or relax and catch up with some emails or quiet time.

Weeks 2 – 6:

For the remaining 5 weeks you will be divided between one of the projects as a focus project for every Monday, Tuesday and Thursday. In your focal project you will have set goals and involvement areas as set by our ACTS team and the project partner and of course yourself.

Every Wednesday the whole group will be attending bible study with the ladies of Power Women 's Group. We start the day with bible study planning session, followed by a reflection group in which we will have an open space to discuss issues of development, community, serving, prayer or contentment.

All then meet in Limuru for a local lunch before heading to the Power Women 's group or Angels Baby Rescue Centre.

Friday mornings will be spent involved in a community project where the whole team gets together to either do a sports/ community day, project clean up or a focussed practical activity. Friday afternoons are then spent at Village Market where you can relax, getting some shopping done, buying some souvenirs (testing out your bargaining skills) or just grabbing a slice of pizza.

Weekend Activities:

During your weekends you will have free time. We have 4 planned day trip excursions during your 6-week placement, which we will discuss with you to find the best dates to suit you.

These excursions include:

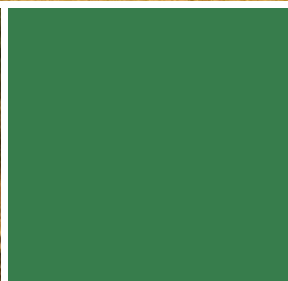
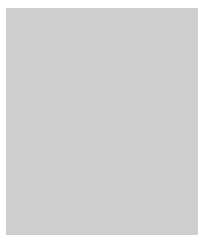
Nairobi Day Trip - You will visit the Elephant orphanage, Giraffe Sanctuary and the Boma 's of Kenya

Mount Longonot Climb – About a 6-hour hike around a dormant volcano in the beautiful Rift Valley

Hellsgate Cycling Safari – A beautiful and scenic cycling tour within a game park

Lake Nakuru Day Trip Safari – A full-day game drive to the Lake Nakuru National Park where you are bound to see a pink lake (flamingos), a large variety of plains-game, rhino, lions and hopefully the very elusive leopard. (excludes park entry fees of approximately \$80 per person)

There are other weekend excursions available, which you can talk to the ACTS team about. These include two night trips to the famous Masai Mara, exploring the beautiful Kenyan coastline or an adventurous trip to Uganda for some bungee jumping and white river rafting ... and many more.



Accommodation:

Our volunteer house is a comfortable and safe home located at Brackenhurst International Conference Centre. You may be required to share ablutions with other volunteers of the same sex. All bedding is provided, so you will not need to bring a sleeping bag with you, unless you are thinking of doing a camping safari during your stay, although an extra cover sometimes is useful in the colder months (May – September). All meals, laundry and transportation to and from your projects will be provided and organised by your volunteer coordinator. ACTS staff are also available to organize tourist activities, which will be at your own cost.

Meals:

You will be provided with three meals a day, served at the ACTS volunteer house. Breakfast usually consists of cereals/ porridge, toast, tea and coffee. Lunch is packed for you and usually includes sandwiches, crisps, juice and fruit. Dinner is the main meal, and here you will be eating a variety of delicious local Kenyan dishes, along with the opportunity to cook and share your favourite foreign dishes with your fellow housemates. We do cater for vegetarians. You can also purchase a few extra treats on your weekly visit to the local supermarket, or enjoy some delicious meal at Brackenhurst's Muna Tree Cafe. Please let us know before you depart for Africa of any food allergies or specific requirements. We do everything we can to provide for any dietary requirements, but we may have to ask you to bring some things with you if what you need is not available locally.

**Includes:**

Transfer from the Jomo Kenyatta International Airport in Nairobi

Orientation and introductions to project work

All daily transportation to and from the projects

Full board and lodging which includes 3 meals a day at your accommodation

Assistance and support in your projects by ACTS coordinators throughout your time at your Kenya placement

10 % donation of your project fee, which entails financing that goes directly back into the project that you are involved with

4 excursions:

- Nairobi Day Trip
- Hellsgate Cycling Safari
- Mount Longonot Climb
- Nakuru Day Trip (excludes national park entry fees - \$80 per person)

Excludes:

Personal travel insurance for the duration of your placement (expected to include cover for repatriation)

All items of a personal nature, such as curios, gifts, clothing (work and other)

Telephone calls, internet and soft drinks

All visas

Any excursions over and above your 4 planned excursions

Any flights

Optional activities



Contact Details

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